Lifts available there and back. (Any amendments will be published in the weekly bulletin)

OUR LENTEN JOURNEY:

Our Lenten Journey towards Easter gives us all a great chance to take stock of our lives, put things into perspective and deepen our relationship with family members, friends and fellow parishioners. By so doing, we deepen our relationship with God.

Lent is a good time to remember that every one of us has a divine origin and an eternal destiny—we came from God and will return to God. Lent is also a great time to remind ourselves that God loves us to bits; warts and all! God doesn't ask us to be perfect this Lent or indeed any other time. He simply asks us to be authentic; to be true to ourselves and to those around us. As the ashes are marked on our foreheads on this Ash Wednesday, the words used in church and in our schools throughout the world are simple and powerful "Remember that Jesus loves you".

This Lent, we are again richly blessed to have Fr. Brebner with us each Saturday evening. We are also blessed that Fr. Gus will be visiting the sick and leading an evening reflection "Journey through the Holy Land".

Please take a few moments to look at our Lent Display. Feel free to take one of the leaflets or calendars, borrow one of the books on offer and try to commit yourself to one of the ideas displayed.

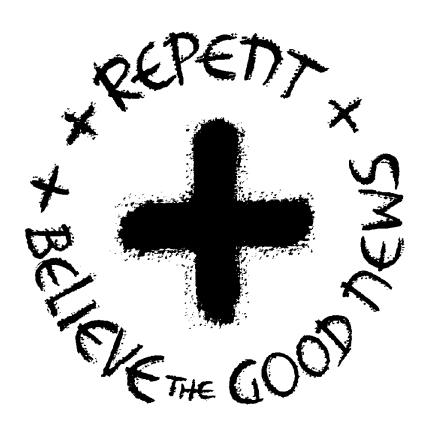
Lent will be different for everyone of us, depending on where we are in our lives ... but maybe each of us can try to take time to write or call to a friend or relation; email or phone a lost contact; fast a little and give the money to CAFOD, read a 'thought provoking' book; try to slow down and 'just be'; do one of the parish jobs that someone has to do this Lent; take some time to pray; take time to put things in perspective; take time to thank someone for; make time to be a human being, not just a human doing! Some of us may be able to come to one of the evening meetings of prayer and conversation, or the Stations of the Cross, or the time in the Quiet Garden, or the service of Word and Communion on a Wednesday.

Whatever we decide is appropriate or possible for ourselves, let's agree to keep each other in prayer.

May we all be blessed with a happy and holy Lent.

OUR LADY OF THE ASSUMPTION EAST LANE STAINFORTH DN7 5HF

Parish Telephone No: 07714793120



LENT PROGRAMME 2012

All are welcome to our Catholic Christian Parish this Lent as we seek to live the Gospel of Jesus Christ through the example of a community of love and service—not one of us more important than the other.

LENT

ASH WEDNESDAY: 22nd February 2012

9.15am in Holy Family. Parents / grandparents most welcome 10am: Distribution of Ashes; Service of Word and Communion (Church) 7.00pm: Distribution of Ashes; Service of Word and Communion. (Church)

A day of **FASTING & ABSTINENCE**: but not for the very young, the elderly, the sick, pregnant mothers or mums with young babies.

STATIONS OF THE CROSS

In Church on Wednesdays at 9.30am starting on 29th February prior to 10am Service of Word and Communion.

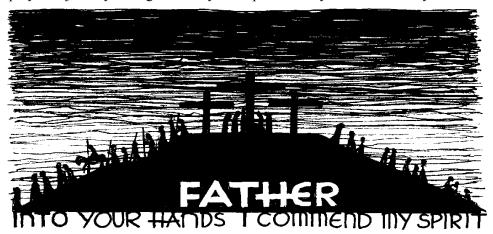
LENTEN EVENINGS OF PRAYER AND CONVERSATION

In the meeting room, starting at 7pm and ending at 8pm. Four short evening meetings of gentle, prayerful conversation and an opportunity to explore the Catechism as suggested by Bishop John in his pastoral letter in the New Year. All are most warmly welcome, including any friends and relations thinking of coming back to church or those just wanting to know more.

Monday 27th February "What we Believe—an introduction to the Catechism" Wednesday 7th March "What the Catechism says about prayer 1" Wednesday 14th March "What the Catechism says about prayer 2"

Monday 19th March "A gentle, prayerful experience of meditation with fellow Christians"

And thena very special evening in church on Tuesday 27th March from 6.30pm—8.30pm "*An Evening in the Holy Land*" A photographic and prayerful journey through the Holy Land presented by Fr. Gus O'Reilly.



CONFESSIONS / SACRAMENT OF RECONCILIATION IN LENT

Each Saturday from 5.30pm before Mass. There will also be a deanery Penitential service of at St Peter's at 7pm on April 4th in Lent. Lifts available.

TIME IN OUR QUIET GARDEN:

On Tuesday 6th March, weather permitting, our Quiet Garden will be open from 9.30 to 3.30 for a 'Lenten Maintenance Session'. Our hope is that a few people might be able to help just *for an hour or two* sometime during the day.

On Friday 30th March "*Come away and rest with me awhile*" for a couple of hours of very personal 'quiet' time in the garden or church: reading, weeding, thinking, praying or just 'being'. Starting with a short gathering prayer at 1pm and ending with tea and prayer at 3pm for a 3.30pm finish. All very welcome.

SICK VISITING

Fr. Gus has kindly agreed to visit all our sick and housebound on Monday 19th March, the feast of St Joseph. Please call or text the parish phone number if you wish to arrange a visit for yourself or friend.

CAFOD FAMILY FAST DAY 2011

Friday 2nd March

TRAIDCRAFT STALL

Saturday 3rd March

ST PATRICK'S

17th March

MOTHERING SUNDAY

18th March

ST JOSEPH

19th March

BRITISH SUMMER TIME BEGINS

25th March

THE ANNUNCIATION OF THE

LORD 26th March

PALM SUNDAY

1st April

The Chrism Mass will take place at St Peter's this year at 11am on 4th April

